



HIGH SCHOOL BREAKFAST MENU

MONDAY

Cereal, Bug Bite Grahams
Assorted Juice, Assorted Fruit, Assorted Milk

OR

Pancake on a stick, Bug Bite Grahams
Assorted Juice, Assorted Fruit, Assorted Milk

TUESDAY

Yogurt,
White Wheat Bagel, Strawberry Jam Cup,
Assorted Juice, Assorted Fruit, Assorted Milk

OR

Frittata, White Wheat Bagel,
Assorted Juice, Assorted Fruit, Assorted Milk

WEDNESDAY

Whole Grain Chocolate Muffin,
Assorted Juice, Assorted Fruit, Assorted Milk

OR

Egg, Cheese & Turkey Sausage Wrap
Assorted Juice, Assorted Fruit, Assorted Milk

THURSDAY

Banana Bread Slice
Assorted Juice, Assorted Fruit, Assorted Milk

OR

Long John
Assorted Juice, Assorted Fruit, Assorted Milk

FRIDAY

Bacon Breakfast Pizza
Assorted Juice, Assorted Fruit, Assorted Milk

OR

Whole Grain Blueberry Muffin,
Assorted Juice, Assorted Fruit, Assorted Milk