

## *Camp Objectives:*

**Overall Goal:** Orientate and provide campers with the fundamentals and terminology to gain a better comprehension of the game of football.

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From the instruction and drills provided, campers will assimilate and demonstrate the following:

Stretch/Dynamic Warm Up  
Form Running

Offensive and defensive schemes

Offensive and defensive terminology

Position specific proper stances

Alignments for positions

Techniques specific to positions

Proper tackling techniques discussed

Offensive & defensive formations

Offensive & Defensive huddle (Play call)

Defensive run/pass responsibilities (by position)

Offensive play timing and execution

## 2020 HURON TIGER FOOTBALL CAMP



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*Aug. 3-4: Grades 5-6 8:00-10:30 am*

*Aug. 5-6: Grades 7-8 8:00-10:30 am*

Name: \_\_\_\_\_  
(first) (last)

Grade: \_\_\_\_\_ Age: \_\_\_\_\_

Offensive Position: \_\_\_\_\_

Defensive Position: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

(first) (last)

Phone #: \_\_\_\_\_

Medical History: \_\_\_\_\_

T-Shirt Size: Youth: S \_ M \_\_\_ L \_\_\_

XL \_\_\_

Adult: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

### CAMP SCHEDULE: (OVERVIEW)

**7:30: Camp registration (walk ups)**

**8:00: Stretch/Dynamic/Form Run**

**8:15: Offensive fundamentals by  
Positions.**

**8:55: Water Break**

**9:00: Weight Room (7-8th)**

**Specialties (4-6th)**

**9:15: Water Break**

**9:20: Defensive fundamentals by  
Positions.**

**10:00: Water Break**

**10:05: Competition (Activity)**

**10:25: Final thoughts  
Day #2 (Camp photo)**

**10:30: Dismiss camp**

#### **Additional Information:**

The (5-6) grade camp will have position stations in which campers will rotate after time period to each station.

This will allow them exposure to all positions on the offensive and defensive sides of the ball.

The (7-8) grade camp will be run more like the high school schedule when it comes to the offensive and defensive workouts.

The focus will be on the fundamentals that pertain to each position group.

We will plan on having a camp photo the last day of each respective camp. We encourage each camper to wear their camp t-shirt on that day.

**Location:** Huron High School football stadium.

**Who:** Grades (5-6), (7-8)

**What to Bring:** T-shirt or jersey, shorts (sweat pants), tennis shoes or molded cleats, water bottle.

**Cost:** \$25.00 - Due upon first day of camp. (Scholarships) \_

#### **Includes:**

> 2 1/2 hours of individual football techniques taught by HHS/MS coaches.

> Camp t-shirt and end of camp group photo

**Parent Release Agreement:**

**As a Parent/Legal Guardian :**

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**I hereby waive any responsibility of the Tiger football camp and coaches for any injury that may occur while participating in the 2019 Huron Tiger Football Camp.**

\_\_\_\_\_  
**Signature**

If you have any questions please contact Head Coach:  
Scott Spanton (210)363-6720  
or Mike Carda (605)350-0888.